

## **The Impact of HRM Practices in Relation to Commitment and Retention of Talented Employees**

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### **Abstract**

Effective HRM practices are pivotal in creating a work environment that motivates employees, fosters a sense of belonging, and aligns individual goals with organizational objectives. In essence, HRM practices are foundational to nurturing a committed and stable workforce. They play a critical role in shaping the employee experience, driving organizational success, and ensuring long-term sustainability. By prioritizing employee commitment and retention through thoughtful and strategic HRM practices, organizations can secure a loyal and skilled workforce, ready to meet future challenges and opportunities. The research design is developed to provide a suitable structure for carrying out a

study. Choosing a research strategy is a vital part of study design, since it determines the approach for gathering relevant information. The main data is collected using a questionnaire (Google form) that is filled out by a group of participants. The study included a sample size of 200 employees drawn from population. Convenient sampling is used for gathering data from individuals who are willing to take part in a research study. The results indicate that the development of a dedicated workforce and the reduction of attrition rates are significantly influenced by the implementation of comprehensive training programs, equitable performance evaluation systems, and competitive compensation packages. The implications of these findings underscore the significance of strategic HRM practices in the development of a productive and loyal workforce, which, in turn, contributes to organisational success.

**Keywords:** *Human Resource Management, Employee Commitment, Employee Retention, Talent Management, HRM Practices, Organizational Commitment, Workforce Retention.*

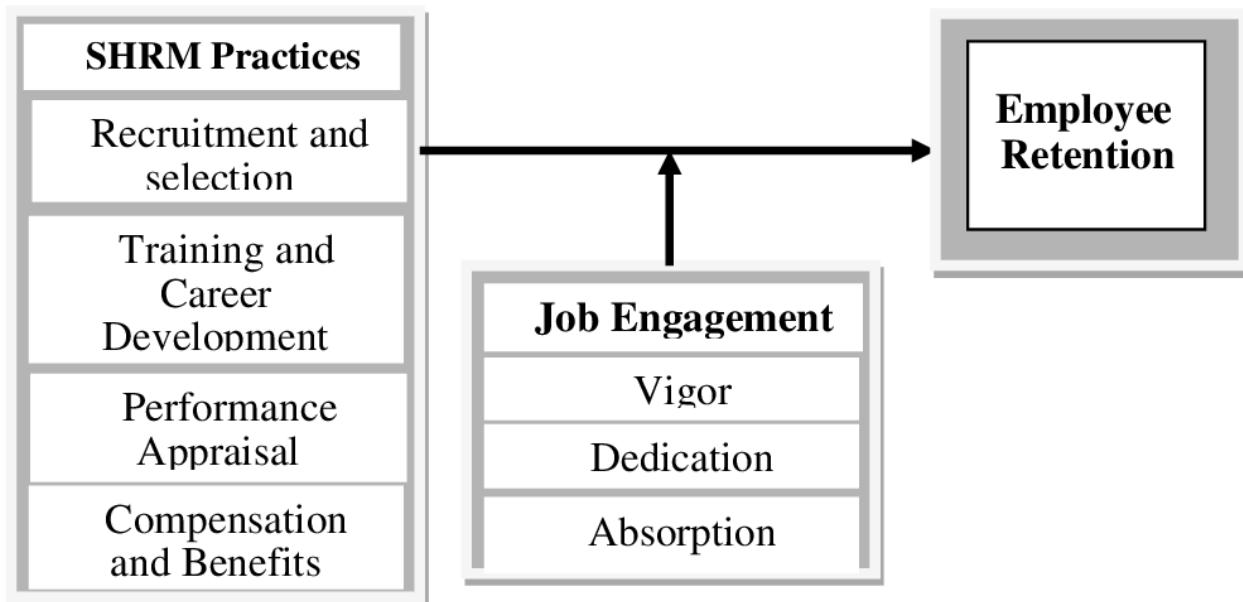
### Introduction

The mediating function of job satisfaction is the central focus of this investigation, as it is essential for understanding both employee behaviour and organisational outcomes. Organisational culture and employees' perceptions of their workplace are significantly influenced by HRM practices. Employee retention is significantly improved through the strategic implementation of these methodologies. In particular, compensation and benefits are essential for the development of employee motivation and loyalty [9]. Additionally, training and development are intended to increase employee retention by demonstrating the organization's dedication to its employees, in addition to enhancing their skills. Moreover, retaining talented employees is a key competitive advantage for organizations [6]. High employee turnover can be costly, not only in terms of recruitment and training expenses but also due to the loss of institutional knowledge and disruption in team dynamics. Furthermore, the conditions in which employees work are directly correlated with job satisfaction, thereby acting as a mediator between HRM strategies and retention. An environment that values and supports employees is fostered by optimal working conditions, which in turn increases job satisfaction and, in the end, retention intentions. In this model, job satisfaction is crucial because it is a reflection of the affective responses of employees to the various work aspects, which are influenced by the HRM strategies previously mentioned. The objective of this research is to elucidate the impact of HRM strategies on employees' retention intentions when viewed through the lens of job satisfaction. Nevertheless, numerous organisations continue to contend with substantial employee turnover rates, which have a detrimental impact on both organisational stability and performance [11]. Although it is widely acknowledged that compensation and benefits are significant factors in employee retention decisions.

### Research background

It is widely recognized that personnel are among the most critical factors in ensuring that an organization can adapt and move to the tempo of its operations. At the same time, employees who possess undesirable qualities can cause a business to collapse, thereby causing it to decline. Maintaining a population of talented employees and cultivating their loyalty is a perpetual challenge [8]. This is the reason why the likelihood of an employee transitioning from one position to another is reduced by a systematic and appropriate approach to recruitment and selection, as well as proper training and development. In order to attract additional high-quality employees, it is imperative that the organization's management strives to retain its most talented employees and maintain their dedication to the organization. In the creation of knowledge for employment, organisations, and related disciplines, it is crucial for researchers to establish a fundamental focus of research [1]. In the present day, organisations are undergoing a shifting of authority from employers to employees. Those organisations that consistently improve their employee satisfaction levels can retain and satisfy their employees. The practice of high-performance organisations is to attract and retain employees in emerging countries. One of the most prevalent methods of employee retention is to compensate them at a rate that exceeds their current earnings. Additionally, the competition will become increasingly intense over the course of several years, and the company will face a challenge in retaining the most talented individuals.

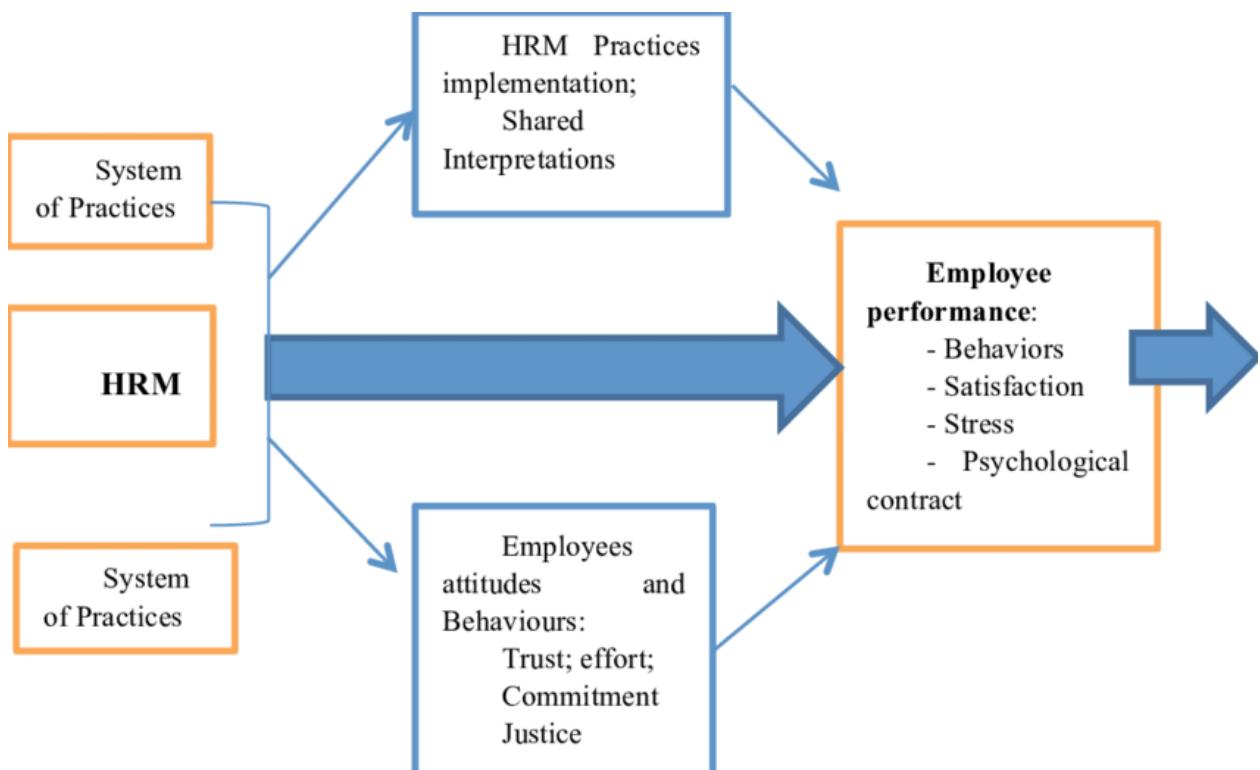
CHART: 01

**Figure 1.** Proposed Conceptual Model

#### HRM practices in the retention of talented employees

HRM strategies in order to retain top personnel, given the competitive nature of contemporary business environments. Recruitment strategies that emphasize cultural compatibility, talent alignment, and long-term potential are more effective in attracting candidates. HRM can decrease attrition and improve employee contentment by guaranteeing that new recruits are in accordance with the organization's ethos and values. Another critical aspect of HRM practices that influences retention is training and development opportunities. Some employees, particularly those who are gifted, are motivated to advance their careers. Continuous learning opportunities, including seminars, courses, and mentoring programs, contribute to the improvement of employees' abilities and knowledge. Organisations that prioritize employee development is frequently perceived as supportive and committed to their personnel, which can result in increased job satisfaction and loyalty. Additionally, performance management systems are instrumental in the retention of exceptional employees. Performance appraisal processes that are transparent and equitable guarantee that employees are acknowledged and encouraged for their contributions. The maintenance of high morale and motivation is facilitated by the provision of regular feedback, constructive criticism, and achievement recognition. Employees are considerably more inclined to remain loyal to the organization when they believe that their diligence is acknowledged and appreciated. Furthermore, employees may be motivated to remain with the organization when they perceive a future within it, as they are provided with explicit career progression pathways through performance management systems. Nevertheless, organisations that provide comprehensive wellness programs, work-life balance initiatives, and flexible working arrangements frequently experience greater success in retaining employees, in addition to providing fundamental compensation. Additionally, effective HRM practices that foster a positive organisational ethos have a substantial effect on retention. A work environment that is supportive is fostered by a culture that prioritizes inclusivity, respect, and open communication. HRM practices that prioritize employee engagement, such as consistent surveys and feedback mechanisms, facilitate the identification of employee concerns and their expeditious resolution. This proactive approach guarantees that employees feel appreciated and heard, thereby decreasing the probability that they will seek employment elsewhere.

Chart: 02

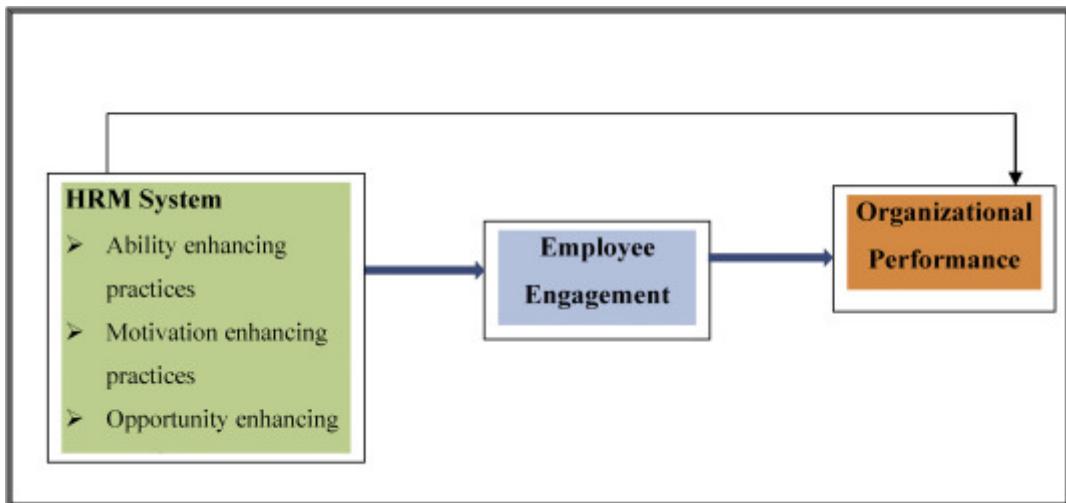


### HRM practices in the improvement of employee commitment and retention.

In the current competitive and dynamic business environment, it is imperative for organisations to prioritise HRM strategies in order to cultivate a dedicated workforce and decrease turnover rates. The initial phase in the development of a dedicated workforce is the recruitment and selection process. HRM guarantees that the employee and the organization are compatible by selecting candidates who conform to the organization's values, ethos, and long-term vision. Additionally, recruiting practices that are transparent and equitable establish a positive tone and foster trust between employers and employees from the outset. HRM practices that prioritise training and development are instrumental in improving employee commitment after they have been hired. An organization's commitment to its employees' development is demonstrated through the provision of ongoing learning opportunities, including professional development programs, career advancement courses, and skill-building seminars. Another essential HRM component that improves employee retention and commitment is performance management systems. Recognition of accomplishments, consistent and constructive feedback, and equitable evaluations foster a sense of appreciation and comprehension among employees. A performance management system that is well-organized and establishes distinct expectations and objectives allows employees to comprehend the extent to which their duties contribute to the organization's success. This clarity cultivates a sense of purpose and belonging, which are critical factors in the development of commitment. Furthermore, employees are not only motivated but also their loyalty to the organization is reinforced by the act of recognizing and rewarding their performance. Commitment and retention are significantly impacted by compensation and benefits, which are fundamental HRM practices. Although competitive compensation and benefits are fundamental, organisations that provide comprehensive employee benefits, including wellness programs, flexible working conditions, and opportunities for work-life balance, establish a more appealing work environment. These benefits are designed to meet the diverse requirements of employees, thereby improving their overall satisfaction and well-being. The likelihood of employees forming a strong emotive bond with the organization is increased when they perceive that their employer is authentically concerned about their well-being, which in turn strengthens their commitment. Finally, the promotion of employee commitment and retention is contingent upon the establishment of a positive organisational ethos, which is facilitated by strategic HRM practices. A culture that prioritises inclusivity, respect, and opens communication fosters

employees' full engagement with the organization and their work. HRM practices that encourage employee engagement, such as effective communication channels, open forums, and regular surveys, are instrumental in addressing employee concerns and fostering a supportive work environment. Employees' dedication to the organization is fortified by this sense of community and belonging.

Chart: 03



### Literature review and research gap

Alblihed and Alzghaibi (2022) [2] collected data using a structured questionnaire and discovered that a higher intention to resign was substantially correlated with heightened job stress, which was frequently exacerbated by increased duties and the emotional toll of the pandemic. Furthermore, the feelings of uncertainty and tension were further exacerbated by role ambiguity, which is defined by ambiguous employment expectations and responsibilities. Additionally, attrition intention was significantly influenced by work-life imbalance, which occurs when the demands of work eclipse personal life. The study underscores the pressing necessity for healthcare institutions to resolve these concerns in order to retain their personnel, particularly during periods of crisis. Arasanmi and Krishna (2019)[3] investigated that employees' perceptions of organisational support are positively influenced by strong employer branding, which is defined by an organization's repute and attractiveness as an employer. This perception, in turn, encourages employees to develop a sense of organisational loyalty, which increases their likelihood of remaining with the organization. The research indicates that organisational commitment serves as a critical mediator, establishing a connection between improved employee retention and positive employer branding and perceived support. The results emphasize the significance of companies investing in both branding and support initiatives to foster a dedicated workforce and decrease attrition rates. Bibi, Ahmad, and Majid (2018) [4] emphasize on the manner in which the work environment moderates these effects. Additionally, supervisors who are supportive and offer guidance and encouragement are associated with increased retention rates. The research emphasizes the critical role of the work environment as a moderator, suggesting that a positive and conducive work environment enhances the positive effects of training, development, and supervisor support on retention. In contrast, these advantageous outcomes may be undermined by an adverse work environment. The study concludes that academic institutions should not only invest in professional development and nurture supportive leadership, but also cultivate a healthy work environment to effectively retain their employees. The results of this research will offer organisations critical insights, allowing them to develop more effective HRM strategies that increase employee retention.. Additionally, it will elucidate the intermediary function of job satisfaction in this relationship, offering valuable advice to organisations that are striving to enhance employee retention through targeted HRM interventions.

**Research Objectives:**

1. To categorize the most effective HRM practices in enhancing employee commitment and retention.
2. To identify the key factors affecting employee retention
3. To provide recommendations for organizations to improve HRM strategies for better talent management.

**Research methodology**

The research design is developed to provide a suitable structure for carrying out a study. Choosing a research strategy is a vital part of study design, since it determines the approach for gathering relevant information. The main data is collected using a questionnaire (Google form) that is filled out by a group of participants. The study included a sample size of 200 employees drawn from population. Convenient sampling is used for gathering data from individuals who are willing to take part in a research study.

**Analysis, interpretation and Results**

The retention of exceptional employees is significantly influenced by HRM practices. Organisations can establish an environment that not only attracts but also retains top talent by prioritizing strategic recruitment, offering competitive compensation and benefits, maintaining fair performance management systems, providing abundant opportunities for development, and maintaining competitive pay and benefits. The ultimate objective of these HRM practices is to foster a workforce that is both committed and satisfied, a critical component of long-term organisational success.

Table .1

Key factors affecting employee retention- GV: Garret Value (x); f- Frequency

Factors	Rank	1	2	3	4	5	6	7	Score
	GV (x)	79	66	58	50	43	35	22	
Transformational leadership	f	48	23	32	20	9	18	50	10283
	fx	3792	1518	1856	1000	387	630	1100	
Supportive work environment	f	35	42	30	32	16	26	19	10983
	fx	2765	2772	1740	1600	688	910	418	
Career Advancement	f	31	24	38	27	35	22	23	10368
	fx	2449	1584	2204	1350	1505	770	506	
Work-life balance	f	33	41	25	25	36	26	14	10779
	fx	2607	2706	1450	1250	1548	910	308	
Supervisor support	f	15	35	22	41	20	39	28	9662
	fx	1185	2310	1276	2050	860	1365	616	
Talent management	f	22	23	28	29	32	49	17	9795

	fx	1738	1518	1624	1450	1376	1715	374	
Job promotion	f	16	12	25	26	52	20	49	8820
	fx	1264	792	1450	1300	2236	700	1078	

A supportive work environment is ranked first (10893) is a crucial element in fostering employee well-being, productivity, and overall job satisfaction. It is characterized by a culture where employees feel valued, respected, and empowered to contribute their best. This environment is nurtured through open communication, where feedback is encouraged and employees feel safe to express their ideas and concerns. Additionally, a supportive workplace provides the necessary resources and support systems, such as access to training, mentorship, and clear pathways for career advancement, enabling employees to grow and develop within the organization. It also encompasses a focus on employee well-being, providing programs that support physical and mental health, such as wellness initiatives, employee assistance programs, and a safe, inclusive workplace free from harassment and discrimination. In such an environment, employees are more likely to feel committed to their work and the organization, leading to higher levels of engagement and reduced turnover. WLB (10779) is ranked second as most important factor, a healthy work-life balance allows employees to fulfill their job duties while also having time and energy for personal pursuits, family, and leisure activities. Organizations play a crucial role in facilitating this balance by implementing policies and practices that accommodate the diverse needs of their workforce. This may include offering flexible working hours, remote work options, job sharing, or compressed workweeks. Additionally, promoting a culture that values time off and encourages employees to take their vacations is vital for preventing work overload. They are also more productive, as they can approach their work with a refreshed and focused mindset. Transformational leadership is a style that inspires and motivates followers to exceed their own self-interests for the sake of the organization or a larger cause. By cultivating a sense of purpose and commitment, transformational leaders drive significant positive change and enhance organizational performance. This environment fosters open communication, collaboration, and mutual respect among team members. It often involves setting and achieving professional goals that align with both personal aspirations and organizational needs. Supervisor support is a critical factor in achieving a healthy work-life balance, as it directly influences employees' ability to manage their personal and professional responsibilities effectively. A supportive supervisor communicates openly about expectations and is responsive to employees' needs for flexibility. By demonstrating empathy and understanding, supervisors contribute to a more positive and productive workplace, where employees are better able to balance their work and personal lives, leading to increased job satisfaction and overall well-being. Talent Management involves identifying, developing, and retaining top performers within an organization. It encompasses a range of practices, including recruiting skilled individuals, providing ongoing training and development, and creating career pathways that align with both organizational needs and employees' career aspirations. Effective talent management ensures that employees are engaged, motivated, and equipped with the skills necessary to succeed and grow within the company. Job Promotion is a key outcome of effective talent management. It refers to advancing employees to higher positions with increased responsibilities, typically as a result of their demonstrated performance, potential, and alignment with organizational goals. Together, talent management and job promotion strategies help organizations build a skilled and motivated workforce, enhance employee satisfaction, and drive overall success.

#### **Association between the impact and the Age group of employees**

HRM techniques are essential for promoting employee engagement and retention, particularly among highly skilled personnel. The effects of these behaviours fluctuate greatly across different age cohorts, since workers at different points in their professional journeys may possess unique requirements, incentives, and anticipations. Furthermore, using a standardized HRM strategy is often unproductive. Customizing HR procedures to align with the distinct requirements of various age cohorts may result in increased levels of employee contentment, involvement, and allegiance. Younger workers may value new training programs using digital platforms, whereas older employees may have a preference for more conventional training techniques. By comprehending and dealing with these preferences via focused HRM methods, it is possible to improve the entire work experience for workers, resulting in increased dedication and retention of skilled individuals across all age demographics. Strategic design and implementation of HRM practices are necessary

to cater to the distinct demands and preferences of various age cohorts. Through this approach, organisations may successfully bolster employee dedication and mitigate turnover, therefore keeping skilled people and assuring sustained organisational triumph.

**Table 2**  
**Chi-square test results for Level of impact and the Age group of employees**

Age group	Level of reciprocity			Total
	Low	Moderate	High	
Young	10	67	34	111
	9.0%	60.4%	30.6%	100.0%
Middle	11	30	10	51
	21.6%	58.8%	19.6%	100.0%
Old	7	7	24	38
	18.4%	18.4%	63.2%	100.0%
Total	28	104	68	200
	14.0%	52.0%	34.0%	100.0%
Chi-square value	2.110			
difference	4			
CC	0.081			
p-value	0.235			

The chi-square value and p-value calculated for the effect level and age group of workers are 2.110 and 0.235, respectively. The p-value is more than 0.05. Consequently, the research determined that there is no correlation between the degree of influence and the age demographic of workers. HRM methods that prioritise professional development, work-life balance, and a healthy organisational culture have a significant influence on younger workers, often referred to as Millennials and Generation Z. These personnel priorities possibilities for personal and professional development, as well as the ability to have flexible work schedules. Implementing HRM techniques such as providing well-defined career advancement opportunities, mentoring initiatives, and flexible work arrangements will bolster employees' dedication to the organization and mitigate turnover rates.[2]. Conversely, more senior workers, often belonging to Generation X or the Baby Boomer generation, may place more importance on employment stability, extensive perks, and acknowledgement for their expertise and accomplishments. For these personnel, Human Resource Management (HRM) strategies that priorities stability, recognition, and health benefits may be more successful in guaranteeing loyalty and retaining them. Offering lateral career transitions, leadership positions, and recognising workers' long-term commitment may aid in keeping these individuals.

### **Conclusion**

HRM practices are essential for improving employee retention and commitment. Organisations can foster a dedicated and loyal workforce by strategically managing recruitment, training, performance, compensation, and organisational culture. In addition to enhancing employee satisfaction and engagement, these practices also contribute to the long-term success of the organisation by retaining talented individuals. The research offers critical insights that can be used to inform the development of effective HRM frameworks, which will have direct benefits for organisations that are striving

to maintain a competitive advantage by fostering a stable and committed workforce. Companies can prioritise investments in areas that have the most significant influence on commitment and retention by comprehending which HRM practices are most effective. Organisations may prioritise the development and financing of comprehensive training programs if the investigation determines that professional development opportunities are the primary factor contributing to employee commitment. This method has the potential to decrease attrition rates and guarantee a more consistent workforce. The strong correlation between employee commitment and training and development opportunities suggests that organisations should invest in continuous learning programs. In order to improve employee satisfaction and skills, organisations may establish comprehensive training schedules, mentorship programs, and career development plans. This investment not only enhances employee competencies but also cultivates loyalty, as employees experience a sense of value and support in their professional development. The study's findings have the potential to enhance recruitment and selection strategies, thereby guaranteeing that new employees are in accordance with the organization's values and culture.

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